APA Style: Getting Started



The following are examples of frequently used forms of citation. For more explanation and further examples, see *Publication Manual of the American Psychological Association* (in the library at REF BF 76.7 P83 2001). Keep up with what's new in APA Style at http://www.apastyle.org/

When you use another person's ideas in your paper, even if you put the author's ideas into your own words, you must cite (i.e. credit) the source. **Citations in text** are brief credits in the body of a paper. Citations in text enable ideas to be presented with minimal interruption to the train of thought. **References** is a complete list of all the sources cited, placed in alphabetical order, by author's last name, at the end of a paper. --Note that **within** a citation, authors' names are **not** alphabetized.

If you are using a typewriter, use <u>underline</u> instead of *italics* for title of publication and volume of journal. Although it is difficult to see the difference between italicized and non-italicized numbers with some computer fonts, in all examples that follow, the volume of the journal is italicized as required in APA style.

Citations in text for a direct quotation **require** a page number. Citations in text for paraphrasing or referring to an idea contained in another work do not *require* a page number, but APA (5th edition, p. 121) writes "authors are encouraged to do so, especially when it would help an interested reader locate the relevant passage..."

APA requires that the entire paper be **double-spaced**, including all the lines in the list of References.

We thank the University of British Columbia Library for providing the template for this document.

	References	Citations in text
Book 1-2 authors	Machel, G. (2001). The impact of war on children.	(Machel, 2001, p. 151) page number of direct quotation
	Vancouver, BC: UBC Press.	
Book 3-5 authors	Michael, R. T., Gagnon, J. H., Laumann, E. O., & Kolata,	(Michael, Gagnon, Laumann, & Kolata, 1994, p. 223) first citation (Michael et al., 1994, p.
	G. (1994). Sex in America: A definitive survey.	
	Boston: Little & Brown.	126) subsequent
	**see note re "Works with multiple authors" on page 2	Citations
Edited Book	Travis, C. B., & White, J. W. (Eds.). (2000). Sexuality,	(Travis & White, 2000)
	society, and feminism. Washington, DC: American	
	Psychological Association.	
Chapter edited book	Baker, F. M., & Lightfoot, O. B. (1993). Psychiatric care of	(Baker & Lightfoot, 1993)
	ethnic elders. In A. C. Gaw (Ed.), Culture, ethnicity	Paraphrased text, page number not required
	and mental illness (pp. 517-552). Washington, DC:	
	American Psychiatric Press.	

	References	Citations in text		
Book government or group author	Statistics Canada. (1999). <i>Profile of census divisions and subdivisions in British Columbia</i> . (Catalogue No. 95-191-XPB). Ottawa,ON: Industry Canada.	(Statistics Canada, 1999)		
Book no author/editor	Merriam-Webster's collegiate dictionary (10th ed.). (1993). Springfield, MA: Merriam-Webster.	(Merriam-Webster's, 1993)		
Published conference proceedings	Deci, E. L., & Ryan, R. M. (1991). A motivational approach to self: Integration in personality. In R. Dienstbier (Ed.), Nebraska Symposium on Motivation: Vol. 38. Perspectives on motivation (pp. 237-288). Lincoln: University of Nebraska.	(Deci & Ryan, 1991)		
Multivolume work	Koch, S. (Ed.). (1959-1963). Psychology: A study of science (Vols. 1-6). New York: McGraw-Hill.	(Koch, 1959-1963)		
Encyclopedia entry	Bergmann, P. G. (2002). Relativity. In <i>The new</i> encyclopaedia Britannica (Vol. 26, pp. 501-508). Chicago: Encyclopaedia Britannica.	(Bergmann, 1993)		
** Journals: the follo	owing 3 examples are for articles from print journals.			
Journal article 1-2 authors	Klimoski, R., & Palmer, S. (1993). The ADA and the hiring process in organizations. Consulting Psychology Journal: Practice and Research, 45(2), 10-36. **If each issue begins with page 1, include the issue number. Volume is italicized, issue number is not.	(Klimoski & Palmer, 1993, pp. 12-13) page number of direct quotation		
**Works with multiple authors: When a work has 3, 4, or 5 authors, the in-text citation lists all authors the first time the reference occurs; subsequent citations include the first author only followed by et al.				
When a work has 6 o	r more authors, all in-text citations include the first author onl	y followed by et al.		
When a work has up to 6 authors, the list of References includes the first 6 authors. If there are more than 6 authors, follow the 6 names with et al. in the list of References.				
Journal article 3-5 authors	Saywitz, K. J., Mannarino, A. P., Berliner, L., & Cohen, J. A. (2000). Treatment for sexually abused children and adolescents. <i>American Psychologist</i> , <i>55</i> , 1040-1049.	(Saywitz, Mannarino, Berliner, & Cohen, 2000) first citation (Saywitz et al., 2000) subsequent citations		

	References	Citations in text		
Journal article or book 6 or more authors	Wolchik, S. A., Sandler, I. N., Millsap, R. E., Plummer, B. A., Greene, S. M., Anderson, E. R., et al. (2002). Six-year follow-up of preventative interventions for children of divorce. <i>JAMA: Journal of the American Medical Association</i> , 288, 1874-1881.	(Wolchik et al., 2002, p. 1877)		
**Journals: the following 2 examples are for articles accessed from journal databases subscribed to by the library. Begin your entry as for the print version of an article, and complete the citation by adding: Retrieved [Month day, year], from [Name of database]. A URL (weblink) is not required in this type of bibliographical reference.				
Journal article or online database (page range given)	Wheeler, J. J., Baggett, B. A., Fox, J., & Blevins, L. (2006). Treatment integrity: A review of intervention studies conducted with children with autism. Focus on Autism and Other Developmental Disabilities, 21(1), 45-54. Retrieved July 17, 2006, from Academic Search Elite database.	(Wheeler, Baggett, Fox, & Blevins, 2006, p. 48) page number of direct quotation		
** Some electronic sources do not provide page numbers. In this case, if you are using a direct quote, use paragraph numbers preceded by the paragraph symbol ¶, as in the example below.				
Journal article online database (page range not given)	Stall, R., & Mills, T. C. (2006). A quarter century of AIDS. **American Journal of Public Health, 96(6), p37, 3p. Retrieved July 17, 2006, from Academic Search Elite database.	(Stall & Mills, 2006, ¶4) paragraph number of direct quotation		
** Journals: the following example is from a journal article retrieved from the journal's website. A URL (weblink) is required in this type of bibliographical reference.				
Journal article online, from a journal on its own website (note URL)	VandenBos, G., Knapp, S., & Doe, J. (2001). Role of reference elements in the selection of resources by psychology undergraduates. <i>Journal of Bibliographic Research, 5,</i> 117-123. Retrieved October 13, 2004, from http://jbr.org/articles.html	(VandenBos, Knapp, & Doe, 2001, pp. 120-1)		

	References	Citations in text		
**Secondary sources: The document you have in hand is the secondary source (e.g. Coltheart), and the original work that has been cited in your source is the primary source (e.g. Siedenberg). In the text, name the primary source, and give the citation to the secondary source. In the list of References, give the citation to the source you have in hand, the source you have consulted.				
Secondary source	Coltheart, M., Curtis, B., Atkins, P., & Haller, M. (1993). Models of reading aloud: Dual-route and parallel-distributed-processing approaches. <i>Psychological Review</i> , 100, 589-608.	Siedenberg and McClelland's study showed (as cited in Coltheart, Curtis, Atkins & Haller, 1993) that []		
Document from a Website	Canarie, Inc. (1997, September 27). Towards a Canadian health IWAY: Vision, opportunities and future steps. Retrieved November 8, 2000, from http://www.canarie.ca/press/publications/pdf/health/healthvision.doc	(Canarie, Inc., 1997)		
Document from a Website no author, no date	Kootenay Indians. (n.d.). Retrieved October 28, 2002, from http://www.nelsonbc.ca/pages/directorypages/history/kutenai_indians.html	(Kootenay Indians)		
Newspaper article no author	Arctic ozone loss 'less severe' last January. (2006, September 16). <i>The Vancouver Sun,</i> p. A16.	("Arctic ozone," 2006)		
Magazine article	McClelland, S. (2002, October 28). The mail-order bride business. <i>Maclean's</i> , <i>115</i> (43), 48-51.	(McClelland, 2002)		
Video	Jhally, S. (Producer/Director), & Kilbourne, J. (Writer). (2000). Killing us softly 3 [Motion picture]. United States: Media Education Foundation.	(Jhally & Kilbourne, 2000)		
Lectures (unpublished)	[Unrecoverable data, including interviews and other forms of personal communication, is not included in the Reference List. See section 3.102, page 214, APA Manual, 5th ed., for further explanation]	(M. Vogler, lecture, Psychology 101, Selkirk College, January 9, 2003)		

(Revised: Aug. 25, 2006)